

Unitarian Universalist Fellowship of Charlotte County 1532 Forrest Nelson Boulevard, Port Charlotte, Florida 33952 941.627.4303 — www.uufcc.org — www.facebook.com/uufcc

COMMUUNIQUÉ

Can you say kuh-myoo-nuh-kay?

UUFCC—founded in 1969

UNITARIAN UNIVERSALISM promotes

SEVEN PRINCIPLES

as strong values & moral guides:

1st Principle

The inherent worth and dignity of every person;

2nd Principle

Justice, equity and compassion in human relations:

3rd Principle

Acceptance of one another and encouragement to spiritual growth in our congregations;

4th Principle

A free and responsible search for truth and meaning;

5th Principle

The right of conscience and the use of the democratic process within our congregations and in society at large;

6th Principle

The goal of world community with peace, liberty, and justice for all;

7th Principle

Respect for the interdependent web of all existence of which we are a part.

SUNDAY SERVICES

are at 10:30 a.m.
Services are hybrid:
in-person and
on YouTube.
www.youtube.com

LETTER FROM UUFCC BOARD OF TRUSTEES

The nine-member Board of Trustees has been meeting since April. We have four new members and five continuing. You might ask:

WHAT HAS THE UUFCC BOARD BEEN UP TO?

Well ...

We divide the work of the Fellowship.

We support each other.

We meet at least monthly (and sometimes more).

We attend to the needs of the Fellowship by discussing, negotiating, voting, and acting on decisions made.

In April, we set expectations and we agreed on HOW we will make decisions.

We got organized and decided WHO would pay attention to what.

You elected Robert Moran to be our President. I hesitate to say he is in charge because we are (after all) UUs. But Robert does have the authority to represent us in public.



LAURA ANDERSON Secretary 2023-2025 2025-2027

He certainly leads us. Robert leads us with his heart and his sensibility. He reminds us of our role. He reminds us to make decisions that are best for our Fellowship. Robert is our lead cheerleader.

We purchased and installed new equipment in the sanctuary.

We established best financial practices.

We discussed safety, finances, pledges, intellectual property, fair pay, and social justice.

We conducted an audit of business practices.

We formed a ministerial search committee.

In June, we held a town hall and we reviewed contracts.

We reviewed our technology: email, website, communication.

See more BOARD on p.2

BOARD continued from p.1



We sadly made the decision to not look for a minister at this time.

If you were at our March Annual Meeting of the Congregation, you will recall that we voted to look for a part-time minister. We voted to increase the budget by \$50,000 to do so. Currently, we have not received enough financial pledges to maintain our current base budget (without hiring) of a minister. Our Fellowship is financially healthy in some ways but not in others.

We have investment accounts and do not have a cash flow problem. We often catch up on donations, even if we do not have pledges in advance that we can plan for. We recognize it is unsustainable to operate with a deficit budget and thus:

We decided to hire a Membership Coordinator to help strengthen the Fellowship.

We are not NOT hiring a minister. We are simply not hiring a minister at this time.

Who Does What?

- Art Laura L
- Building Laura L and Doug
- Grounds Laura L
- Welcoming Lorrie D
- Minister Search Joseph F
- Social Justice Alex P
- Technology Doug M
- Worship Lorrie D and Laura A

Board is HR

- Music Laura L
- Admin/Office- Laura A
- Technology Doug
- Pastoral Care- Lorrie D
- Membership Alex, Lauras (A and L)

F

ALLIGATOR ALCATRAZ

by Ted Zawistowski

Learning of the impending opening of a facility deep into the Everglades to harbor thousands of immigrants arrested by ICE agents for processing and deportation, already dubbed "Alligator Alcatraz," and recalling an earlier camp on an abandoned airfield closer to Miami some years ago where adolescents were held, Lorraine Moneypenny and I decided to make the trip south and east from Port Charlotte, past Immokalee.

Our purpose: TO BE CITIZEN WITNESSES

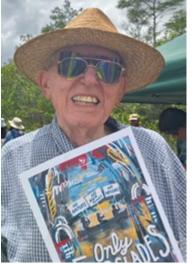
A demonstration at the site was announced for Saturday, June 28, from 10 am to 2 pm. Arriving at about noon, in an area far from any signs of civilization, our first sight was of hundreds of cars lining both sides of the twolane, tree-lined road and thousands of people, carrying placards, signs and flags, shouting slogans and cheers. News cameras were present recording interviews of citizens and Miccosukee leader Betty Osceola. The crowds were in good spirits but openly against the coming camp being built deep in the preserved Everglades, threatening the wildlife - alligators, panthers, pythons, mosquitoes — and those to be detained and processed there, not to mention the staff.

Entrance to the side road leading to the airfield was not permitted. Regularly, very large trucks were arriving with heavy loads of materials and equipment. Others were leaving empty. Tight quarters.

The tents, as published in the press, seem about the size and shape of a freight container. What the living conditions will be like remains to be seen.

Many questions.
Pollution, hurricanes, stifling heat.

The heavy-handed treatment of people.













WHAT DO UUS BELIEVE?

On July 7, 2025, Rev. Ann Barker asked us to write our own elevator speech.

WHAT DO YOU BELIEVE?

Believe what you want but NO bigotry, NO violence, and NO hatred.

- Rev. Ann Barker

As an agnostic, I respect all religions.
Unitarian Universalism is a non-creedal, open-minded faith that doesn't ask me to to subscribe to a single belief system—instead, it honors my spiritual journey, wherever it leads.
We draw wisdom from many traditions while staying grounded in shared values like compassion, justice, and the inherent worth of every person.
It's a community where your questions are welcome, your doubts are respected, and your values can become action in the world.

- Shelly Canterbury



Our UU view
is that
every person
is at their own
personal point
in their
spiritual journey
and
we respect that.
We are not
all the same.

— Ted Zawistowski

Hi there!

Have you heard of Unitarian Universalism?
It's a welcoming, inclusive spiritual community
where people from all backgrounds —
different beliefs, religions, or even no religion —
come together.

We focus on shared values like compassion, justice, reason, and finding meaning in life, rather than one specific creed.

We explore big questions together, support each other, and work to make the world better.
Our Sunday services are inspiring — with music, thoughtful talks, and a warm, diverse community.
It's a great place to connect and explore what matters to you.

We meet every Sunday at 10:30 AM at UUFCC. We'd love to have you join us — no pressure, just come as you are and see what you think! Coffee afterwards is always a good time too.

- Joseph Fenty

UU ELEVATOR SPEECH

A concise, prepared statement about what it means to be a UU, usually 30 seconds or less.

Designed to be delivered quickly when someone asks about your faith, like during an elevator ride.

Goal: To provide a meaningful overview of UU principles and values in a brief, engaging way.

I believe in the sacred power of unity, including prayer, hugs and sharing.

Eaton

UU SOURCES OF OUR LIVING TRADITION

UU congregations "live out [their seven] Principles within a 'living tradition' of wisdom and spirituality, drawn from sources as diverse as science, poetry, scripture and personal experience. These are the six sources our congregations affirm and promote:

- "Direct experience of that transcending mystery and wonder, affirmed in all cultures, which moves us to a renewal of the spirit and an openness to the forces which create and uphold life;
- "Words and deeds of prophetic people which challenge us to confront powers and structures of evil with justice, compassion, and the transforming power of love;
- "Wisdom from the world's religions which inspires us in our ethical and spiritual life:
- "Jewish and Christian teachings which call us to respond to God's love by loving our neighbors as ourselves;
- "Humanist teachings which counsel us to heed the guidance of reason and the results of science, and warn us against idolatries of the mind and spirit;
- "Spiritual teachings of Earth-centered traditions which celebrate the sacred circle of life and instruct us to live in harmony with the rhythms of nature."

https://www.uua.org/ beliefs/what-we-believe/ sources



UUFCC NISSES?

The nisse is one of the most familiar creatures of Scandinavian folklore, and they appear in many works of Scandinavian literature. They are frequently introduced to English readers as an elf or a gnome.

Nisses do chores! Here at UUFCC, it invariably seems that an idea, a wish list, a hope suddenly is brought to fruition. An office gets painted, the apse decorated, the foyer reimagined ... all occurring seemingly anonymously.

Rev. Ann is certain nisses are afoot at UUFCC!

irce: Food & Wine

Here is yet another study showing how switching to a vegan diet will help you a live longer, healthier life.

A new study from Australia analyzed food supply and consumption in 101 different countries over a 60-year period. Like so many studies before it, researchers found that those from places where people ate mostly plants had higher life expectancies than people from places where higher levels of animal protein were consumed.



UU 7th PRINCIPLE

Respect for the interdependent web of all existence of which we are a part.



Our UUFCC **GREEN SANCTUARY ACCREDITATION**

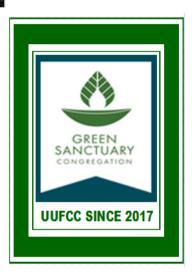
requires promoting eating less meat.

In April, researchers from the University of Sydney published a new study in the journal Nature Communications that highlights

WHICH COUNTRIES HAVE THE LONGEST LIFE EXPECTANCIES.

Those with the longest-lived citizens share one common trait: They consume more plant-based proteins.

https://www.veganstreet.com/here-is-yet-another-study.html



Caring for one another is a core spiritual practice for Unitarian Universalists. Pastoral care is the term we use for the way we offer support and compassion to each other in community.

FROM OUR PASTORAL CARE SPECIALIST

August has always been a strange month for me, even in childhood. I would attend the final two weeks of sleepaway Girl Scout Camp at the end of the season. Coming home, I was eager to see the advertising for the returning and new TV shows. There would be shopping for new school clothes and the building anticipation for the coming year. Sunday School would start again as would drama class. Yes, except for math, I enjoyed school. Later in life, it became a more ominous time as I had realized after August came Autumn and falling leaves which had to be raked and made the streets slick when wet. I will not speak of Winter which comes after Autumn.

What are your favorite memories of the last month of summer?

I'm excited for August this year as **new offerings** are coming this Fall. I am starting to prepare for:

RISE UP AND CALL HER NAME adult curriculum beginning late Sept. and running to the holiday season.

Men as well as women have enjoyed this program containing interesting looks at goddesses from around the world. I have not chosen time and dates for the program yet so if you would like to attend contact me with your preferred time.





Rev. Ann Barker, D. Min. Pastoral Care Specialist 941-235-0269 -orrevannbarker@gmail.com

Caregivers of persons who need regular help in daily activities should mark their calendars for:

CAREGIVERS SUPPORT & INFO MEETING Beginning September 2, 2025 10am on the first Saturday each month

This will be a judgment-free zone where participants can share their struggles and triumphs with those having similar experiences.

As the year progresses there will be more opportunities for learning and spiritual growth.

I remind everyone in the community that I am available for conversation regarding pastoral concerns by appointment. Contact the Fellowship office to contact me.

Have a happy August.

BLACK APRONS AND SPIRITUAL TRANSFORMATION

Think about the last twelve months. The American economy, the political system, and popular culture have changed dramatically. What's called **"the new nastiness"** has increased. Community life has collapsed in many places.

There are many examples that can be mentioned. A year ago, the United States government supported school lunch programs, public radio, public libraries, and the National Weather Service. Twelve months ago, major corporations and government agencies supported diversity, equity, and inclusion programs.

Much has changed.

There's more that needs to be said and the conversation will happen in many places. The need for good government will be mentioned, and the need exists, and letters to The White House and Congress may be helpful. Still, for many people of faith, what's needed goes a lot deeper. There's a need for people to love and care for each other. There's a need to understand that a better way of living is possible.

There's a need to move into direct action.

BLACK APRONS appeared in June at the 2025 General Assembly for the Unitarian Universalist Association.



Rev. Robert (Bob) Murphy Unitarian Universalist Community Minister Florida



Black aprons appeared again during the 2025 Pride Celebration in Saint Petersburg. The black apron message:

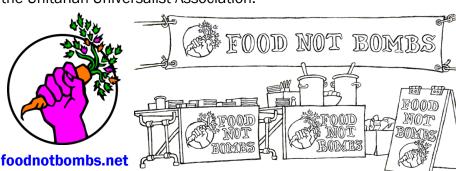
SIDE WITH LOVE

Information about mutual aid work was distributed. Aprons are associated with bakers and cooks, with artist activists, with community gardeners, with masons and carpenters, and with other community builders.

Meet the moment. Try to reduce suffering in the here-and-now.

A friend in the Pacific Northwest tells me that, maybe, his congregation will be able to schedule a study group for two or three months from now. At the moment, his church is closed "because of the extreme heat." Think about that comment. For some folks. it's the extreme heat, the flash floods, the major wildfires, and other problems that require religious attention. The ICE raids have increased and homeless (houseless) people and trans people and the victims of domestic violence ask for sanctuary. Some religious buildings have opened their doors while others have locked their doors.

What's happening in your neighborhood?





Unitarian Universalist Fellowship of Charlotte County [Florida] — 941.627.4303 — www.uufcc.org — www.facebook.com/uufcc Sunday Services are at 10:30 a.m. Services are hybrid: in-person and on YouTube — www.youtube.com UUFCC Port Charlotte

MIND FOG WIND FOG

For the past few weeks, I've been living in a mind fog. For me, a selfenforced blankness, happy to focus only on my plants, two great grandchildren, healthy cooking and African American 18th to early 20th century short stories and history. The latter as a storyteller, reenactment actor, lecturer with Classic American Tales, a Cape May NJ nonprofit that provides entertainment, historical information, writing and acting workshops. It's not weekly for me. Often there is research which can take time. My last topic was the Harlem Renaissance.

I have blocked out all news except local.

I have acted as if I am in a world of peace and personal growth, touched neither by politics or climate change.

Up against the deadline, I sent the editor a text saying I am dry, in a mind fog, no subject. Like a good editor, I was told:

The sermon focus for August was Reflections.

I thought I could work with that. I think I have been avoiding reflections.

The first thing that came to mind were the words from the 1967 first hit by the Motown group, the Supremes: "Reflections." To paraphrase the chorus:

... Reflections of the way life used to be ... All my faith and trust right before my eyes has my world turned to dust. And then I recalled "Those Were the Days," the theme song from the 1970s television show, "All in The Family." Another paraphrase:

You knew who you were then ...
A time when girls were girls
and men were men.
Didn't need no welfare state.
Everybody pulled his weight ...
I don't know what went wrong ...
Those were the days.

I asked a friend what reflections meant to her. She said the production of an image like looking into a mirror. I remember reading **Charles Horton Cooley's "Human Nature and the Social Order,"** where, in 1902, he introduced the concept of:

"LOOKING GLASS SELF" — How you see yourself and how others see you as a way of reflecting on self.

Just for the heck of it, I looked up the word and came across "Reflections at Walden, Selected Writings of Henry David Thoreau," published in 1968. Yes, I had read that as a sociology major along with Cooley's book.

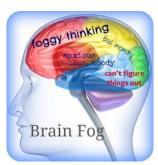
I believe there is light around the corner.

And I certainly don't want to go backward as a racial minority and female. However, for the time being:

I need to escape into my fog for my own sanity.



Stephanie Garrett





Unitarian Universalism is a liberal religion characterized by a free and responsible search for truth and meaning.

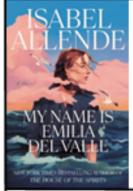
Unitarian Universalists assert no creed, but instead are unified by their shared search for spiritual growth, guided by a dynamic, living tradition.

en.wikipedia.org/wiki/ UnitarianUniversalism

UUFCC BOOK GROUP 2025-2026

Usually meets 2:00 PM ON THE LAST TUESDAY OF THE MONTH in the UUFCC

Fellowship Hall. But dates may change so check the schedule. And then join us!
Get to know Fellowship members & friends, and explore a variety of topics & genres.



10-28-25 — Fiction

MY NAME IS EMILIA DEL VALLE by Isabel Allende

1866 San Fran nun has a daughter who becomes a journalist covering Chile's brewing divil war, which is where she meets her estranged birthfather.

02-24-26 — Sci-Fi Classic FAHRENHEIT 451 by Ray Bradbury

Fireman's job: destroy books and houses where hidden. Wife spends day w/TV family. Neighbor intros him to past where folks didn't live in fear and they got their ideas from books, not mindless TV.



CONSERVATIVES WITHOUT CONSCIENCE

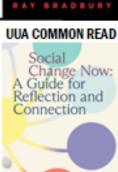


11-25-25 — Nonfiction CONSERVATIVES WITHOUT CONSCIENCE by John Dean

Denounces political conservative practices, charges current Admin with using religious morality and propaganda-like tactics to promote big business & silence alternatives at U.S. Constitution's expense.

O3-31-26 — Nonfiction SOCIAL CHANGE NOW: Guide for Reflection & Connection by Deepa Iver

Roadmap for those ready to deepen their commitment to social justice. Includes map of 10 roles from storyteller to disrupter to experimenter, & a practical guide.



REMARKABLY BRIGHT CREATURES SHELBY VAN PELT

THE RE ALLE MAN'S PIRE TO

DAME OVER AMERICA, 1700 THE WOMEN

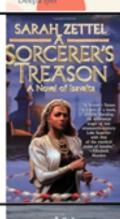
12-30-25 — Fiction

REMARKABLY BRIGHT CREATURES by Shelby Van Pelt

Widow working night shift at aquarium becomes acquainted with its Giant Pacific Octopus who helps her discover what happened 30 years ago when her son disappeared.

04-28-26 — Fantasy SORCERER'S TREASON by Sarah Zettel Author grew up UU

1899, Sand Island, Wisc: Lighthouse keeper sees boat foundering, rescues occupant who tells her about a world where magic reigns, & where she is destined to play a role.



A FEVER IN THE LEARTLAND

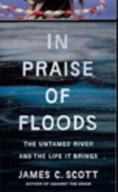
O1-27-26 — Nonfiction A FEVER IN THE HEARTLAND by Timothy Egan

Riveting story of KKK 's rise to power in 1920s, the cunning con man who drove that rise, & the woman who stopped them.

05-26-26 — Nonfiction Environmental Science

IN PRAISE OF FLOODS by James C. Scott

Examines a particular river's life history, its heartland, how life depends on rivers, & impact of human efforts to control/tame natural process.



APOP-UP CHALICE CIRCLE? UU BETCHA!

Pictured below, moving from far right to lower left, then up and around:

Joseph Fenty, Lynn Ritchie, Sandy Telander, Marvin Covey, Carolyn Kellar, Arlene Waters,
Ken Brennen, Jory Ackerman, Patrick Eaton, Betty Pritchard, and Michael McGrorty



POP-UP EVENT: A temporary gathering designed to engage people uniquely. These events appear for a limited time, creating memorable experiences in sometimes unconventional spaces, like vacant storefronts, parks, or online platforms.

The main goal of pop-up events can vary, but most are meant to engage audiences and grab their attention.

Pop-Up Events offer special opportunities to connect with others directly.

Pop Ups are known for generating buzz and excitement.

It's chief defining characteristic is the element of surprise!



A TALE OF TWO WORLDS

The world inside the FFP's award-winning human rights protections, & the world outside

- Excerpted by Theodore Zawistowski with permission of CIW



Farmworkers and their allies marched from the farming community of Pahokee, Florida, to the billionaire enclave of Palm Beach in 2023, carrying a papier-mâché model depicting:

TWO PARALLEL WORLDS OF US AGRICULTURE:

One the bright, hopeful world illuminated by the Fair Food Program (FFP), and,

The other a dark, violent world beyond its protections.

Inside the world of the Fair Food Program, farmworkers have the power and the tools to act as the frontline monitors of their own rights — without fear of retaliation — collectively forging what human rights experts have called the "best workplace environment in U.S. agriculture" since the FFP was launched in 2010.

Outside the **Fair Food Program**, farmworkers are regularly subjected to a litany of human rights abuses, including sexual harassment and assault, wage theft, and even modern-day slavery, virtually without recourse to redress.

Thanks to **Coalition of Immokalee Workers (CIW)** expansion — beginning with the CIW agreement with Walmart in 2014 — workers are now protected by the FFP.



BE A FAIR FOOD SUSTAINER

Help bring critical human rights to thousands of workers in new crops and regions.

Click here:

https://
secure.everyaction.com/b2D_eUh_kKKKFU0rqfE1
02?ms=E0Y22CIW



That includes its groundbreaking heat stress protocols, which mandate the provision of drinking water, electrolytes and rest breaks, along with protections against wage theft, sexual harassment at the hands of crew leaders, and retaliation. Farmworkers can report problems to the program's 24/7, free and confidential hotline operated by highly trained human rights investigators.

FFP is now present in nearly two dozen states, and ten of those states were added in 2024 alone. But there are still workers who desperately need the FFP's help.

Your support is needed. BE A FAIR FOOD SUSTAINER!

By giving monthly, you give at an amount sustainable for you and for FFP to expand its work. Expanding FFP helps ensure there is only one world of agriculture in this country:

A world where farmworkers' fundamental human rights and dignity are protected, 24/7, through the FFP.

See full CIW article at:

https://ciw-online.org/ blog/2025/06/a-tale-of-twoworlds-the-world-inside-the-ffpsaward-winning-human-rightsprotections-and-the-worldoutside/

ENDOWNENTFU

— MaryHolly Allison, Kenneth Brennen, Stephanie Garrett, Mary Howard and Delmar Wooden

UU Endowment of Charlotte County (UUE) was established in 1991 to promote the principles and purposes of Unitarian Universalism and grows through contributions from members and friends in support of liberal religious initiatives. Certain words that were sung every Sunday following the general collection at a former congregation seem to capture how UUE functions:

From you I receive, to you I give, together we share so we both can live.

Last month the Fellowship lost friend **JONATHAN SCOTT PANZER**, our sailor/teacher/adventurer/hippy, and this month we lost member **JAMES QUENTIN** "**QUE" BURGESS**, our professional engineer. Both shared with us their knowledge of the unusual and sense of humor which always made visitors welcome. Both were well known in our community. UUE contributions in their memory have already been received and are still being received in recognition of these two lives well lived.

Gifts to UUE are used to support UU programs. CAPAS (Congregational Accompaniment Project for Asylum Seekers) is a program of the UU Service Committee nationally; locally it is a principle thrust of the UU FCC Social Justice and Racial Justice initiative. UUE funds provided the initial \$5000 to join this UUA-wide program, and UUE recently provided \$2000 matching funds to continue supporting our adopted family.

From you we receive and to you we give. Thank you for your continued financial support.





An Elevator Speech

Unitarian Universalists
gather in community
to support
one another's individual
spiritual journeys,
trusting that openness
to one another's experiences
will enhance
their own understanding
of their own links
with the divine,
with history, and
with one another.

-UU Rev. Jonalu Johnston, Oklahoma City, Oklahoma http://archive.uuworld.org/ 2003/06/affirmations.html

GO VEGAN













BETTY'S STIR-FRY

Cook 2 cups of brown Basmati or Jasmine rice.

SAUCE

2 Tbls cornstarch

1/4 cup Turbinado sugar or brown sugar

1 tsp ground ginger (or 1 Tbls minced fresh ginger root)

½ tsp garlic powder (or 2 large cloves garlic, minced)

1/4 tsp cayenne pepper

½ cup tamari (or other low-sodium soy sauce)

1/4 cup red wine vinegar

½ cup pineapple juice (or whatever is drained from pineapple chunks)

½ cup white wine

Combine dry ingredients in a shaker. Add remaining liquids. Shake until well blended. (Can store in refrigerator for up to 2 weeks.)

STIR-FRY

3 Tbls olive or avocado oil

8 oz mushrooms, cleaned and sliced

½ green pepper, diced

1 large carrot, sliced diagonally

½ cup sliced celery

½ cup sliced green onions

1 pkg (about 4 oz) snow peas, halved with ends cut off

½ cup canned bean sprouts, rinsed

1 head broccoli flowerets

1 small can or carton pineapple chunks, drained

1 can sliced water chestnuts, rinsed

½ cup peanuts

Heat oil in electric wok (or large frying pan) on medium high heat (375°). Add the first five vegetables (mushrooms, green pepper, carrot, celery & green onions). Sauté for 2-3 minutes. Add remaining vegetables and cook, covered, another 2-3 minutes. Add peanuts and sauce and bring to a boil; cook until thickened.

Serve over rice. Serves 4.





BETTY PRITCHARD

This stir-fry is one of my favorites, although I often just use whatever veggies are in my fridge.

It's the sauce that makes it good. Enjoy!





UUFCC GENEROSITY!



SECOND SUNDAY SECOND HELPING

During season (Oct-Mar), on the Second Sunday of each month, a second basket is passed to collect for a worthy community organization, to intentionally support that organization's good work.

During non-season (Apr-Sep), the UUFCC Social Justice Committee may provide special volunteering and benevolent giving guidance, etc., like telling us about:

https://5calls.org/



WHAT IT IS: "5 Calls" is an app to help citizens contact elected officials about

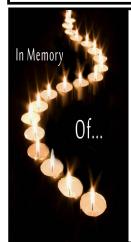
important issues by providing a curated list of current issues, contact info for relevant officials, & suggested scripts for calls.

PURPOSE: Empower citizens to participate in democracy by making it easier

to contact representatives.

FUNCTION: ID pressing issues, automatically connect users with House,

Senate, & local reps, & provide scripts to help guide conversations.



ENDOWMENT

Honor beloved Fellowship members and friends AND help UUFCC.

Endowment funds assure UUFCC's financial future and further UU principles and practices.

Make contribution to:

UUFCC Endowment Fund

and on check memo line write
"In Memory of [beloved's name]"

PEACE GARDEN ENGRAVED PAVERS

Honor beloved UUFCC members and friends *AND* help UUFCC.

\$75 buys one paver of which \$45 gets donated to UUFCC

Use ORDER FORM in WEEKLY UPDATE





CONGREGATIONAL COVENANT

"Covenant" is Latin for "walking together."
This Covenant is a living, dynamic document describing how we intend to live the Arinciples we value in our religious community.

We, the members of UUFCC, covenant to support and cherish all our members and friends and encourage each other to honor these high standards of relationship.

We value a free, open, and mutually respectful exchange of ideas. We honor all voices and encourage thoughtful freedom of expression.

We respect each other's views, backgrounds, and spiritual ideas. We listen to each other without judgement or interruption and speak directly with a person instead of about a person. We will address issues and behaviors, rather than people and personalities.

We will be considerate but courageous in name behavior that diminishes our community. We offer forgiveness and understanding and expect that from each other. In all situations, we strive to honor everyone's dignity and wellbeing.

We trust this Covenant will help us work well together to make decisions, solve problems, and express differences of opinion in a considerate, respectful, and genuinely caring way.



REFLECTIONS FROM THE WORSHIP COMMITTEE

Dennis Shaw, Chair



The UUFCC Worship Theme for August is REFLECTIONS, inspiring me to think beyond the varied and numerous tasks of being a Worship Associate entails.

Sunday services are not only important to us individually but to the health of our liberal religious community. At 10:30 am on Sundays, we focus on our relationships to each other, and give voice in word and song to our most precious values and beliefs. We condemn hatred and offer gratitude for our numerous blessings and creative challenges.

Creating an atmosphere that blends these and many other elements is very rewarding but challenging. I deeply grateful for our current Worship Associates: LORRIE DOUGLAS, JACKIE WILLIAMSON, SHELLY CANTERBURY, TED ZAWISTOWSKI, PATRICK EATON, BILL STANWOOD, JOSEPH FENTY and MICHAEL McGRORTY, our newest recruit.

Once again the UUA (affiliate) publication, "Soul Matters," provides inspiration with very exciting themes for the coming year:

September — BUILDING AND BELONGING
October — CULTIVATING COMPASSION
November — NURTURING GRATITUDE
December — CHOOSING HOPE
January — PRACTICE RESISTANCE
February — EMBODYING RESILIENCE
March — PAYING ATTENTION
April — EMBRACING OPPORTUNITIES
May — AWAKENING CURIOSITY
June — FLOURISHING TOGETHER





THE BOOK OF LIFE

To have <u>announcements</u> read from the pulpit Sunday mornings:

- 1. Write them in the red book at the back of the sanctuary; or,
- 2. Email bookoflife@uufcc.org by 6 pm Saturday; or,
- 3. Call the worship associate directly if past Saturday's deadline for emergent/urgent announcements. Please see Weekly Update info.

Your UUFCC Worship Associates Committee



08/20 Norma Jock

08/23 "Fossil" Bill Howat

08/30 Maureen Peters

For Birthday Shoutouts, contact:

office@uufcc.org

Weekly Events

Sundays 09:00 am Conversation Among Friends

09:30 am Choir Rehearsal

10:30 am Worship Service

Tuesdays 08:00 am Men's Coffee

Wednesdays 05:00 pm Choir Rehearsal

06:30 am OA

07:00 pm Happy Hour with John Lee

Thursdays 04:30 pm Buddhist Meditation

06:30 pm AA

AUGUST 2025 EVENTS

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l	08/03	Sun	Noon	POTLUCK SUNDAY
	08/05	Tue	02:00 pm	Women's Support Group
	08/6	Wed	Noon	Brown Bag Luncheon
I	08/07	Thu	01:30 pm	UUFCC BOARD MEETING
	08/08	Fri	09:30 am	Social Justice Alliance
	08/09	Sat	09:00 am	Democratic Club of CC
	08/10	Sun	11:45 am	Social Justice Committee
			04:30 pm	PFLAG Film & Pizza Nite
	08/12	Tue	04:00 pm	Worship Associates
	08/13	Wed	10:00 am	Caring Committee
	08/16	Sat	12:30 pm	Stamping
	08/18	Mon	10:00 am	Art Cmte Zoom Meeting
ı			06:00 pm	PFLAG Support Group
	08/19	Tue	02:00 pm	Women's Support Group
	08/22	Fri	10°00 am	Art Take Down
	08/24	Sun	Noon	PFLAG Steering Committee
	08/29	Fri	04:00 pm	ART RECEPTION
	08/31	Sat	03:00 pm	Secular Community of SW FL



WORLD HUMANITARIAN DAY
August 19th

UNITARIAN UNIVERSALISTS

include, but are not limited to,

agnostic, atheist, Buddhist, Christian, earth-centered, Hindu, Humanist, Islam, Jewish, Pagan, Taoism, believers in God, and more.

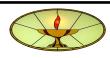
www.uua.org/beliefs/who-we-are

Links

Use UNIVERSAL ZOOM for most activities https://zoom.us/j/93526372148

To add to SUNDAY ANNOUNCEMENTS or BOOK OF LIFE email bookoflife@uufcc.org by Saturday night

MISSION: UUFCC is a liberal religious community committed to justice, a place where spirituality, diversity, reason, compassion, service, and fellowship meet. (Adopted at 03-24-24 Annual Meeting.)



PURPOSE: UUFCC is a religious community committed to diversity and social justice where spirituality, reason, compassion, service and fellowship meet. *UUFCC Bylaws Art. III* (Adopted 03-27-22).

VISION: Using our Covenant as a guide, we will provide expanded opportunities for ministries, programs and fellowship that inspire and support our life journeys. We will affirm: Love is the spirit of this Fellowship, and service is its law. This is our aspiration: To dwell together in peace, To seek truth in love, And to help one another. In the larger community, we will continue to be a strong, relevant voice serving justice and equality. (Adopted 03-24-24.)

WELCOMING: UUFCC strives to practice non-discrimination by embodying what UUFCC hopes to see in the world—a just, loving community in which people are free to be themselves fully and without fear. *UUFCC Bylaws Art. IV (Adopted 03.27.22).* [UUFCC: FOUNDED IN 1969.]

NEWSLETTER SUBMISSIONS INFO

COMMUUNIQUÉ welcomes submissions of 300 words or less. Submissions may be edited for spelling, grammar, punctuation, clarity, legal ramifications, length, or general taste at the editors' discretion. Editors reserve the right to refuse to publish submissions for the same reasons. While acceptance rules are lenient, the editorial board will reject that deemed potentially libelous, racist, hateful, or a personal attack.

Anonymous submissions are not accepted.

MEMBER SPOTLIGHT SUGGESTIONS & IDEAS

Yes, we'd like to get to know you if we could ... (Spanky & Our Gang flashback?)
Tell us about you. What is your background? Where are you from?
Tell us about your life journey. What brought you to Florida and when?
Tell us about your career paths. Accomplishments? Interests? Hobbies?
How did you come to UUFCC? What keeps you here?
Tell us about current and past UU roles or involvement.
Something else? You decide! You tell us what you want us to know!
UUFCC directory/archives picture is used unless another is provided.

REALITY CHECK — DISCLAIMER — THE FINE PRINT

Views and opinions expressed in submissions are personal and belong solely to the author/submitter.

Views and opinions expressed do not necessarily reflect the official view, policy, Principles, Covenants, or positions of UUFCC or its newsletter editors. Views and opinions expressed are not intended to malign any religion, ethnic group, organization, individual, or anyone or anything.

Guarantees are not made as to completeness, accuracy, usefulness, or timeliness.

SUPPORT ONE ANOTHER'S INDIVIDUAL SPIRITUAL JOURNEYS

Content is not intended to be negative, divisive, and/or diminishing. Encourage and value a free, open, and mutually respectful exchange. Uphold one another's First Amendment right to free speech. Take all content kindly and in the spirit in which it was intended. Cherish our Beloved Community.

UUFCC CONTACTS

artcommittee@uufcc.org board@uufcc.org bookgroup@uufcc.org bookoflife@uufcc.org buddhistmeditation@uufcc.org carino@uufcc.oro choir@uufcc.org hospitalityandsocial@uufcc.org membership@uufc.org office@uufcc.ora patientadvocacy@uufcc.org pflag@uufcc.org president@uufcc.org socialjustice@uufcc.org sundaytech@uufcc.org worship@uufcc.org

UUFCC

COMMUUNIQUÉ

Can you say kuh-myoo-nuh-kay?

EDITORIAL BOARD

Stephanie Garrett MaryLou Kennedy

300-word limit articles. Due 1-wk before last day of month: editorialboard@uufcc.org

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